



Letter

Phase II Trial of Oxaliplatin (L-OHP) in Advanced, Recurrent and/or Metastatic Squamous Cell Carcinoma of the Head and Neck

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Oxaliplatin (L-OHP) or *trans*-1-diaminocyclohexane oxaloplatinum is a new diaminocyclohexane (DACH) platinum complex with similar antitumour activity as cisplatin against several transplanted murine tumours [1]. L-OHP differs from the currently commercially available platinum complexes, cisplatin and carboplatin, particularly in toxicity profile with the absence of renal and auditory toxicities and minimal myelosuppression. The dose-limiting toxicity of L-OHP is peripheral sensory neuropathy [2-5]. The antitumoral activity of L-OHP has been observed in breast, lung, bladder, oesophagus, ovarian and colorectal cancers and in lymphoma, malignant melanoma and glioblastoma, in numerous phase I-II studies [3, 4, 6-8].

We evaluated the safety/tolerability and antitumour activity of L-OHP in 44 patients with squamous cell carcinoma of the head and neck (SCCHN). All patients had histologically proven advanced, recurrent and/or metastatic SCCHN, not assessable for curative locoregional treatment by surgery and/or radiotherapy. All patients had at least one measurable lesion and signed informed consent. Measurable and assessable lesions were determined by physical examination, endoscopy, chest and bone X-rays, computed tomography and echotomography. Tumour lesions in irradiated fields were not excluded. Normal initial blood count (granulocyte count $\geq 2000/\mu\text{l}$, platelets $\geq 100\,000/\mu\text{l}$) hepatic and renal functions (bilirubin, ASAT, ALAT, alkaline phosphatases $\leq 1, 25 \times \text{N}$, creatinine $\leq 120\,\mu\text{mol/l}$ or clearance of creatinine $\geq 60\,\text{ml/min}$) and clinically normal auditory and neurological functions were required. The pretreatment characteristics of all patients are shown in Table 1.

L-OHP was administered every 3 weeks at a dose of 130 mg/sqm by i.v. infusion with 250 ml of dextrose 5% over 2 h. Patients received this treatment until there was evidence of disease progression and/or unacceptable toxicity. Blood cell count and biochemistry, clinical examination and evaluations of neurological and auditory function were performed every 3 weeks (on day 21) and evaluation of disease every two cycles. If

Table 1. Patient characteristics

Number of patients (eligible)	44 males
Age (years), median (range)	58 (33-72)
Performance status (WHO)	
0	6
1	24
2	14
Tumour sites	
primary tumour/recurrence	17 (10*)
lymph node	28 (14*)
lung metastases	22
hepatic metastases	3
skin metastases	4 (4*)
others†	8
Prior treatment	
surgery	23
radiotherapy	38
chemotherapy	18
- 17 with cisplatin, median: 300 mg/m ²	(100-600)
- 1 with carboplatin 1200 mg/m ²	
no prior treatment	6

*In irradiated field.

†Pleura, pericardium, bone.

a haematological toxicity WHO grade ≥ 2 , or neurotoxicity WHO grade ≥ 3 or renal toxicity WHO grade ≥ 1 was observed on day 21, treatment was postponed for a week or until recovery.

Response and toxicity were defined according to WHO criteria [9]. All 44 patients included in the study were eligible. 10 patients received only one cycle of L-OHP: 6 patients for rapid progression of disease, 2 for refusal after the first administration and 2 patients for early death not related to either progressive disease or toxicity. Therefore, 40 patients were evaluable for response: 17 patients pretreated by chemotherapy and 23 without prior chemotherapy. We observed four partial responses: 3/23 in chemotherapy naive patients and 1/17 in patients pretreated with chemotherapy. The overall response rate for all 40 evaluable patients was thus

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10% (IC 95: 1–19%), 13% (IC 95: 0–26%) for patients without prior chemotherapy and 6% for those with prior chemotherapy (IC 95: 0–17%). The responses were seen in primary tumours, lymph nodes and in lung metastases. A response rate of 17% (IC 95: 0–36%) was observed in the group of 18 patients who had received at least two cycles of L-OHP. The duration of responses were 2, 2, 3 and 4 months. Disease stabilisation was observed in 3 patients for 6, 8 and 12 months. The median survival for all 44 eligible patients was 5 months.

Overall, 105 cycles of L-OHP were administered, for a median of two cycles (range: 1–10) and the median dose was 260 mg/sqm (130–1300) of L-OHP per patient. The projected dose of 130 mg/sqm per cycle was delivered in 103 (98%) cycles and in 42 (95%) patients. All 44 eligible patients were evaluable for toxicity. The tolerability of L-OHP was excellent. The main toxic effect was peripheral sensory acute neuropathy. These dysesthesias (WHO grade ≤ 2) occurred in 20 patients (47%) receiving a mean of 1.6 cycles of L-OHP. Only one patient, with neurotoxicity WHO grade 3, after 10 cycles of L-OHP, stopped the treatment. Gastrointestinal toxicity was frequent but mild and haematotoxicity was minimal: neutropenia WHO grade ≤ 2 in 9% of patients and in 5% of cycles. We have observed neither renal toxicity nor ototoxicity. There were no treatment-related deaths.

In conclusion, an analysis of our results reveals that L-OHP at the dose of 130 mg/sqm, every 3 weeks, has a good safety/tolerability and a moderate activity in advanced, recurrent and/or metastatic SCCHN [10]. Excellent renal and haematological tolerance and synergy with fluorouracil [6] suggests the possibility of combination chemotherapy, particularly with carboplatin or fluorouracil in SCCHN and other platinum-sensitive tumours. Given the patient characteristics and the disease-specific setting, these results are comparable to phase II activity data with cisplatin at standard doses (100 mg/sqm),

with much better tolerance and no life-threatening toxicity. The preclinical data, suggesting no cross-resistance between these two agents, make the possibility of comparison or combination studies an interesting prospect.

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